

GARTHOWEN
GARDEN CENTRE
&
TREEHOUSE COFFEE SHOP

www.garthowen.co.uk

@garthowengardencentre

BREAKFAST MENU

Mon-Fri from 9:00am - 11:30am & all day on Weekends

TH Breakfast £13.95

Butcher's Sausage (GF/DF), 2 Rashers Bacon, Black Pudding, Mushrooms, 1/2 Roasted Tomato, Fried Egg, Hash Brown (GF/DF), Baked Beans & 1 Slice of Toast.

Vegetarian TH Breakfast £12.95

Veggie Sausage (VE), 2 Fried Eggs, Mushrooms, 1/2 Roasted Tomato, Hash Brown (GF/DF), Baked Beans & 1 Slice of Toast.

Vegan TH Breakfast £11.95

2 Veggie Sausages (VE), Double Mushrooms, Double Tomato, Hash Brown (GF/DF), Baked Beans & 1 Slice of Toast.

Eggs Benedict £10.50

Ham on a Toasted English Muffin with Hollandaise Sauce.

Eggs Royale £11.95

Smoked Salmon on a Toasted English Muffin with Hollandaise Sauce.

Eggs on toast £8.95

Scrambled, Poached OR Fried Eggs on 2 Slices of Toast.(V)

Mushrooms on Toast £8.50

Sautéed Mushrooms on 2 Slices of Toast (GF, V, VE, DF).

5 American Pancakes £9.50

Crispy Bacon & Maple Syrup OR Banana & Nutella (N).

LOADED BREAKFAST SANDWICH

Pick the fillings you would like on white, brown or GF bread.

Sausage (GF/DF), Veggie Sausage (VE), Bacon, Egg, Mushroom, Hash Brown, Black Pudding or Cheese -	1 filling	£6.50
Served with Hash Brown Bites (GF/DF).	2 fillings	£7.50
	3 fillings	£8.95

MINI BREAKFAST

Mini TH Breakfast

Choose one: Butcher's Sausage (GF/DF), Veggie Sausage (VE), or Bacon £6.50
Served with Egg, Beans & 1 Slice of Toast.

Mini Scrambled Eggs and Beans on 1 toast £5.00

Mini Cheese on 1 Toast £4.99

Mini Beans on 1 Toast £4.50

2 American Pancakes

Crispy Bacon & Maple Syrup OR Banana & Nutella (N). £4.75

1/2 Sandwiches

Bacon OR Sausage, Served with Hash Brown Bites (GF/DF). £4.99

EXTRAS

Sausage (GF/DF)	£2.50	Smoked Salmon	£4.50	Mushrooms	£1.50
Veggie Sausage (VE)	£2.50	Egg	£2.50	1/2 Tomato	£1.50
Bacon (1 rasher)	£2.00	Beans	£1.25	Hash Brown Bites (GF/DF)	£2.00
Black Pudding	£2.00	Jam	£1.75	Cheese or VE Cheese	£2.00
Hashbrown	£2.00	(Strawberry, Raspberry, Apricot, Marmalade, Blackcurrant)		Marmite	£0.75
Toast (1 slice)	£2.00			Maple Syrup	£1.50
(White, Brown OR GF)					

During busy periods we reserve the right to restrict menu changes to 1 per meal. Thank you for your understanding at these times.

If you require information regarding the presence of allergens in any of our food or drinks please ask. Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients.

Key : GF - Gluten Free, DF - Dairy Free, V - Vegetarian, VE - Vegan, GFA - Gluten free available, N - Contains Nuts, DFA - Dairy Free Available VEA - Vegan Available

PLEASE PUT YOUR FLAG UP WHEN YOU'RE READY TO ORDER



LUNCH MENU

Mon-Fri 11:30am - 3:30pm (Cafe Closes at 4pm)

Loaded Sandwich £9.25

- On White, Brown or GF Bread
- Coronation Chicken with Little Gem Lettuce (GFA / DF)
- Ham & Cheddar with Dijon Mustard Mayo (GFA / DF)
- Brie, Bacon & Onion Jam (GFA / DF)
- Pulled Pork & Apple Sauce (GFA / DF)
- Fish Fingers with Tartare Sauce & Salad (DF)
- Prawn Marie Rose with Little Gem Lettuce (GFA / DF)
- Tuna Mayonnaise & Spring Onion (GFA / DF)
- Stilton & Onion Jam (GFA)
- Smoked Salmon, Cream Cheese & Cucumber (GFA)

Served with crisps. GF bread available (selected fillings). Vegan cheese available.

Loaded Jacket Potato £10.95

- Chilli Beef & Cheese (GF, DF)
- Vegan Chilli & Cheese (GF,DF)
- Pulled Pork & Apple Sauce (GF,DF)
- Tuna Mayonnaise & Spring Onion (GF,DF)
- Coronation Chicken (GF,DF)
- Bacon, Brie & Onion Jam (GF,DF)
- Prawn Marie Rose (GF,DF)

Served with Dressed Salad & Homemade Coleslaw. Vegan Cheese available.

Ham, Egg and Chips (GF/DF) £14.50

OR Sausage / Vegan Sausage, Egg & Chips

Macaroni Cheese £11.95

Served with a Dressed Side Salad.

Loaded Skinny Fries £13.50

- (Vegan Cheese available)
- Pulled Pork & Cheddar with Pot of Apple Sauce (GF / DFA)
- Cheddar & Bacon (GF / DFA)
- Beef Chilli & Cheese (GF / DFA)
- Vegan Chilli & Cheese (V / GF / DFA)

EXTRAS

- Skinny Fries (GF/VE) £2.50
- Side Salad (GF/VE) £3.00
- Red Onion Flower Pot Bread (VE) £2.50
- Homemade Coleslaw (GF/DF) £1.50

During busy periods we reserve the right to restrict menu changes to 1 per meal. Thank you for your understanding at these times.

If you require information regarding the presence of allergens in any of our food or drinks please ask. Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients.

Key : GF - Gluten Free, DF - Dairy Free, V - Vegetarian, VE - Vegan, GFA - Gluten free available, N - Contains Nuts, DFA - Dairy Free Available VEA - Vegan Available

SEASONAL SPECIALS

All Day Brunch	£12.95
1 Sausage, 2 Bacon Rashers, 1 Fried Egg, Baked Beans & Chips (GF)	
Welsh Rarebit	£7.95
Served with a Salad Garnish (V)	
Beef Stew & Dumplings	£13.95
Served with Homemade Bread	
Vegetable Spring Rolls	£8.95
Served with Asian Salad & Satay Sauce (V)	
Southern Fried Chicken Burger	£14.95
Served with Garlic Mayo, Little Gem Lettuce & Tomato and Fries	

Homemade Quiche of the Day £10.50

Served Hot with Salad & Homemade Coleslaw - See Specials Board for Today's Option

Homemade Sausage Roll Meal £9.99

Served Hot, with Dressed Salad & Homemade Coleslaw - See Specials Board for Today's Option

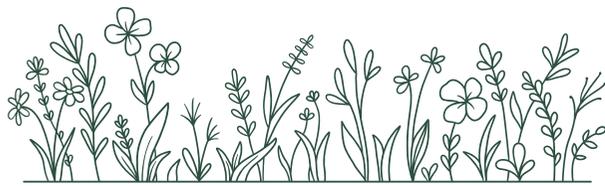
Homemade Soup of the Day £8.50

Served with a Homemade Red Onion Flowerpot Bread or GF Bread -
See Specials Board for Today's Option.

MINI LUNCH

TH Mini Lunch	
Veggie Sausage (VE), Sausage (GF/DF) or Fish Fingers, with Beans (GF/VE) & Chips (GF) or Carrot & Cucumber Batons	£7.00
Mini Ham, Egg & Chips (GF/DF) - Swap Ham for Sausage or Veg Sausage	
	£7.00
Mini Macaroni Cheese	
Served with Carrot & Cucumber Batons or Chips (V)	
	£7.50
1/2 Sandwich	
Cheese, Sausage (GF/DF), Veggie Sausage (VE), Bacon or Fish Finger - (1 filling) with Mini Fries or Carrot & Cucumber Batons	
	£4.99
Mini Cheese on 1 Toast	
	£4.99
Mini Beans on 1 Toast	
	£4.50
Mini Loaded Skinny Fries	
Pulled Pork & Cheddar with Apple Sauce (GF) - Cheddar & Bacon (GF)	
Beef Chilli & Cheese (GF) - Veg Chilli & Cheese (GF)	
	£7.95

PLEASE PUT YOUR FLAG UP WHEN YOU'RE READY TO ORDER



WEEKEND MENU

Saturdays 11:30am-3:30pm (Cafe Closes at 4pm)
& Sunday 11:30am - 3pm (Cafe closes at 3.30pm)

Loaded Sandwich On White, Brown or GF Bread **£8.95**

- Coronation Chicken with Little Gem Lettuce (GFA / DF)
- Ham & Cheddar with Dijon Mustard Mayo (GFA / DF)
- Brie, Bacon & Onion Jam (GFA / DF)
- Pulled Pork & Apple Sauce (GFA / DF)
- Fish Fingers with Tartare Sauce & Salad (DF)
- Prawn Marie Rose with Little Gem Lettuce (GFA / DF)
- Tuna Mayonnaise & Spring Onion (GFA / DF)
- Stilton & Onion Jam (GFA)
- Smoked Salmon, Cream Cheese & Cucumber (GFA)

Served with crisps. GF bread available (selected fillings). Vegan cheese available.

Loaded Jacket Potato **£10.95**

- Chilli Beef & Cheese (GF, DF)
- Vegan Chilli & Cheese (GF,DF)
- Pulled Pork & Apple Sauce (GF,DF)
- Tuna Mayonnaise & Spring Onion (GF,DF)
- Coronation Chicken (GF,DF)
- Bacon, Brie & Onion Jam (GF,DF)
- Prawn Marie Rose (GF,DF)

Served with Salad & Homemade Coleslaw. Vegan Cheese available.

Ham, Egg and Chips (GF/DF) **£14.50**

OR Sausage / Veggie Sausage, Egg & Chips

Macaroni Cheese **£11.95**

Served with a Dressed Side Salad.

Loaded Skinny Fries (Vegan Cheese available) **£13.50**

- Pulled Pork & Cheddar with Pot of Apple Sauce (GF / DFA)
- Cheddar & Bacon (GF / DFA)
- Beef Chilli & Cheese (GF / DFA)
- Vegan Chilli & Cheese (V / GF / DFA)

Extras- Skinny Fries (GF/VE) **£2.50**

Side Salad (GF/VE) **£3.00**

Red Onion Flower Pot Bread (VE) **£2.50**

Homemade Coleslaw (GF/DF) **£1.50**

SEASONAL SPECIALS

Welsh Rarebit **£7.95**

Served with a Salad Garnish (v)

Beef Stew & Dumplings **£13.95**

Served with Homemade Bread

Vegetable Spring Rolls **£8.95**

Served with Asian Salad & Satay Sauce (v)

Homemade Quiche of the Day **£10.50**

Served Hot with Salad & Homemade Coleslaw - See Specials Board for Today's Option

Homemade Sausage Roll Meal **£9.99**

Served Hot, with Dressed Salad & Homemade Coleslaw - See Specials Board for Today's Option

Homemade Soup of the Day **£8.50**

Served with a Homemade Red Onion Flowerpot Bread or GF Bread - See Specials Board for Today's Option.

MINI LUNCH

TH Mini Lunch

Veggie Sausage (VE), Sausage (GF/DF) or Fish Fingers, with Beans (GF/VE) & Chips (GF) or Carrot & Cucumber Batons **£7.00**

Mini Ham, Egg & Chips (GF/DF) - Swap Ham for Sausage or Veg Sausage **£7.00**

Mini Macaroni Cheese

Served with Carrot & Cucumber Batons or Chips (V) **£7.50**

1/2 Sandwich

Cheese, Sausage (GF/DF), Veggie Sausage (VE), Bacon or Fish Finger - (1 filling) with Mini Fries or Carrot & Cucumber Batons **£4.99**

Mini Cheese on 1 Toast **£4.99**

Mini Beans on 1 Toast **£4.50**

Mini Loaded Skinny Fries **£7.95**

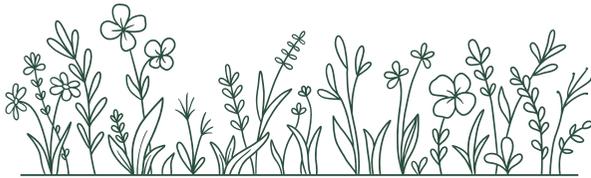
Pulled Pork & Cheddar with Apple Sauce (GF) - Cheddar & Bacon (GF)
Beef Chilli & Cheese (GF) - Veg Chilli & Cheese (GF)

During busy periods we reserve the right to restrict menu changes to 1 per meal. Thank you for your understanding at these times.

If you require information regarding the presence of allergens in any of our food or drinks please ask. Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients.

Key : GF - Gluten Free, DF - Dairy Free, V - Vegetarian, VE - Vegan, GFA - Gluten free available, N - Contains Nuts, DFA - Dairy Free Available VEA - Vegan Available

PLEASE PUT YOUR FLAG UP WHEN YOU'RE READY TO ORDER



GARTHOWEN
GARDEN CENTRE
&
TREEHOUSE COFFEE SHOP

www.garthowen.co.uk



@garthowengardencentre

CAKES & BAKES

All Day, Every Day

(Subject to availability)

Double Chocolate Brownie (GF)	£3.45
Flapjack	£2.75
Earl Grey Tea Bread (DF)	£3.00
Millionaires Shortbread	£2.85
Ginger Biscuit	£1.75
Cake of the day	£4.50
Cookie of the day	£2.75

Check our board for Flavours & Specials.

SCONES & TEACAKES

Plain Scone	£3.25
Fruit Scone (GFA)	£3.25
Watercress & Cheese	£3.25
Bacon & Cheese	£3.25
Tea Cake (VE)	£3.50

All served warm with butter (VE).

Add Jam for £1.45 (Strawberry, Raspberry, Apricot, Marmalade, Blackcurrant),
Add Clotted Cream for £2.50.

CREAM AND SAVOURY TEA

Tree House Cream Tea	£8.95
-----------------------------	-------

Choose from a Plain, Fruit or Gluten Free Fruit Scone, Served with Clotted Cream, Jam & your choice of Tea or Coffee.

Tree House Savoury Tea	£8.95
-------------------------------	-------

Choose from a Watercress & Cheese OR Bacon & Cheese Scone, Served with Homemade Onion Marmalade, Cheese & your choice of Tea or Coffee.

DESERTS

Pancake Stack	£8.50
Kinder Bueno (N) Lotus Biscoff Oreo Cookie Served with Soft Serve, Whipped Cream, Sauce with a Sprinkle of Mini Marshmallows.	
Sorbet	
Mango	£3.25
Doggy Ice Cream	£3.25

SOFT SERVE ICE CREAM

N/A during the week in Winter - Regular Ice Cream Available Instead

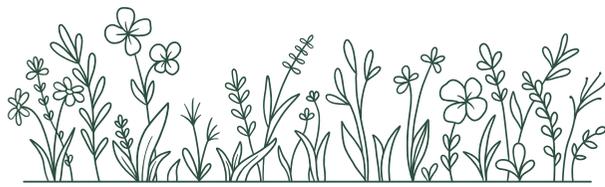
Treehouse Soft Serve		
Enjoy a pot of Soft Serve Ice Cream, If you would like any topping please pick from:	£2.75	No Toppings

Sauces Available:	Toppings Available:		
Strawberry	Oreo	£3.25	1 Topping
Raspberry	Biscoff	£3.75	2 Topping
Chocolate	Flake	£4.25	3 Topping
Biscoff	Haribos		
	Kinder Bueno (N)		
	Marshmallows		

During busy periods we reserve the right to restrict menu changes to 1 per meal. Thank you for your understanding at these times. If you require information regarding the presence of allergens in any of our food or drinks please ask. Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients.

Key : GF - Gluten Free, DF - Dairy Free, V - Vegetarian, VE - Vegan, GFA - Gluten free available, N - Contains Nuts,
DFA - Dairy Free Available, VEA - Vegan Available

PLEASE PUT YOUR FLAG UP WHEN YOU'RE READY TO ORDER



DRINKS MENU

All Day, Every Day

COFFEE

	SMALL	REGULAR
Americano	£3.00	£3.35
Cappuccino / Latte	£3.25	£3.90
Flat White	£3.85	
Mocha	£3.50	£4.00
Chai Latte	£3.00	£3.50
Espresso	£2.15	£2.55

Want it Iced? For no added fee, just ask our Helpful Staff in the Coffee Shop.

TEA

	For 1	For 2
English Breakfast Tea	£2.75	£4.75
Speciality Tea's	£3.75	£5.50

Assam Decaf / Earl Grey / Rooibos / Green Tea / Peppermint / Chamomile / Winchester Fruit Basket / Lemon Verbena. (Please leave bags to soak for 3-5mins).

HOT CHOCOLATE

Hot Chocolate	£3.25	£3.75
Baby Chino	£0.50	
Heavenly Hot Chocolate	£6.50	

Flavours: Kinder Bueno (N), Lotus Biscoff or Oreo.
(Served with Mini Marshmallows & Whipped Cream)

EXTRAS

Syrup Flavours:	0.75p	Mini Marshmallow	50p
Caramel, Cinnamon, Gingerbread, Hazelnut (N), Salted Caramel & Vanilla.		Whipped Cream	70p

SOFT DRINKS

Cawston Press Can 330ml		£2.95
Elderflower Lemonade, Sparkling Cloudy Apple or Sparkling Apple & Rhubarb.		
Lemonade		£2.55
San Pellegrino Can		£2.95
Lemon, Orange & Pomegranate, Blood Orange, Orange, Grapefruit.		
Ginger Beer		£2.75
Coca Cola		£2.75
Coke, Diet Coke, Coke Zero.		
Orange or Apple Juice		£2.55
Appletiser 275ml		£2.95
J20		£2.95
Orange & Passionfruit, Apple & Raspberry, Apple & Mango.		
Spring Water		£2.25
Still or Sparkling.		
Cawston Press Kids Carton		£2.25
Summer Berries, Apple & Pear, Apple & Mango.		
MILKSHAKES	SMALL	LARGE
Thick Shake	£3.50	£6.50
Flavours: Banana, Caramel, Chocolate, Cinnamon, Gingerbread, Hazelnut (N). Salted Caramel, Strawberry or Vanilla. VE Options Available.		
Heavenly Thick Shake	£5.00	£8.50
Flavours: Kinder Bueno (N), Lotus Biscoff, Oreo. Served with Mini Marshmallows & Whipped Cream.		
SMOOTHIES		£6.00
Strawberry & Banana Passionfruit, Pineapple & Mango Grape, Strawberry, Banana & Blueberry Melon, Strawberry & Mango Strawberry, Raspberry & Blackberry Coconut, Pineapple, Mango, Mint & Lime Pineapple, Mango, Kiwi & Strawberry Avocado, Mango, Spinach, Broccoli, Coconut, Lime & Ginger DETOX: Ginger, Courgette, Banana, Carrot, Blueberry		

PLEASE PUT YOUR FLAG UP WHEN YOU'RE READY TO ORDER